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WHAT IS CLAIMED IS:

1. A stereoscopic observation system comprising:

a stereoscopic optical unit provided with a pair of objectives for stereoscopic observation and optical devices corresponding to the respective objectives;

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a stereoscopic camera connected to the stereoscopic optical unit, and used to pick up optical images formed by the optical devices, at least one of the stereoscopic camera and the optical unit serving as an instrument to be supported;

- a support unit which supports the instrument; and
- a rotation mechanism incorporated in the support unit, the rotation mechanism having a rotary shaft substantially parallel to an optical axis of the objectives, the rotation mechanism supporting the instrument such that the instrument can rotate about an axis of the rotary shaft.
- 2. The system according to claim 1, wherein the rotation mechanism has limiting means of a frictional resistance type which applies a frictional force to the rotary shaft when the instrument is rotated, thereby limiting rotation of the instrument.
- 3. The system according to claim 1, wherein the support unit has at least one joint portion and engagement means to be engaged with the at least one joint portion mechanically and disengageably, and the rotation mechanism has an independent rotary portion

which can rotate even if the engagement means is mechanically engaged with the at least one joint portion of the support unit.

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- 4. The system according to claim 1, wherein the rotary shaft of the rotation mechanism is substantially coaxial with the optical unit.
- 5. The system according to claim 1, wherein the support unit incorporates a plurality of rotation mechanisms similar to the first-mentioned rotation mechanism.
- 6. The system according to claim 1, wherein the optical unit is a stereoscopic endoscope.